**MEETING OF THE UTTLESFORD HEALTH & WELLBEING BOARD – 6th February 2023**

**Committee Room, UDC Offices London Road Saffron Walden**

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| **Present:**  Chair Kate Robson (Citizen’s Advice)  Rachel Lewis (Active Essex)  Kathleen Cunnea (ECFWS)  Esther Richards (Adult Social Care)  Alison Wilson (Mind in West Essex)  Clive Emmett (UCAN) | Des Ashton (Uttlesford Foodbank)  Angels Beresford (ECF&RS)  Wendy Bailey (WEx ICB)  Emili Shatchan (Essex Public Health)  Ann Pressman (Carers First)  Giles Tofield (Cultural Engine)  Rachgel Lewis (Active Essex) |

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| **Officers:**  Dave Toombs (Senior Community Development)  Fleur Brookes (Safeguarding Officer)  Kerry Vinton (Partnerships Officer)  Lois Bowers (Local Plan-seconded from ECC) | **Apologies:**  Paul Chambers (Touch Point Stansted)  Cllr Mike Tayler (UDC)  Marc Davis (Chair)  Ros Sonderskov (Alzheimer’s Society)  Kim Clarke (Social Prescriber)  Ian Tomkins (WXCCG)  Marcus Watts (Environmental Public Health, UDC)  Fiona Gardiner (Communities, Health & Wellbeing Manager)  Jen West (NHS)  Julie Allix (HCRG Care Grp)  Angus Henderson (PCT)  Helen Gregory (Essex Public Health) |

**H&WB1 NOTE OF THE LAST MEETING 19th October 2022**



The minute was agreed as an accurate record.

Outstanding actions

**Action: A Wilson to explore inviting Stephanie Rae and IAPT –** Alison Wilson confirmed she had spoken to Stephanie Rae, who will be happy to attend in the first instance then delegate to an appropriate colleague and will be added to the distribution list. **Closed**

**Action: C Emmett to provide contact information for the acute social prescribers once recruited and in place –** Clive Emmett to sharea duty number that will be diverted to which social prescriber is available.**BF**

The chair asked that current issues/drivers be highlighted alongside the priority updates, as they may impact or support progress going forward i.e., Ambulance strikes, accessing GP and dental appointments.

**H&WB2 REVISED TERMS OF REFERNCE – DAVE TOOMBS**



Comments and observations to be sent to Dave Toombs [dtoombs@uttlesford.gov.uk](mailto:dtoombs@uttlesford.gov.uk)

Clarification the rotation of the chair was to be brought in line with other strategic groups and to refer to sun-groups ToR.

Revised document to be approved by 13th February 2023.

To come out of the revised ToR was the introduction of a sub-group to consider measuring and monitoring the outcomes and progress for each priority theme to be more effective in holding partners to account – once the matrix has been identified priority groups would have a process to follow.

A diagram to highlight the links between theme priorities and sub-groups and the wider health partnerships would be helpful i.e., to assist check-in the uniqueness of Uttlesford’s rurality.

**Action: All priority & sub group leads to consider and feedback how monitoring/measuring outcomes are to be recorded and shared with H&WB Board, ensuring all delivery agencies/partners contributing to the priority theme are captured – Dave Toombs to coordinate a monitoring sub group**

**H&WB5 UPDATE ON PRIORITY LEADS**

**Priority 1: Improve and support mental wellbeing – Alison Wilson**

* EPUT to join the Health & Wellbeing Board
* Mental Health Transformation work progressing well, the new teams were meeting regularly -coaches and practitioners have full caseloads
* Sanctuary now available in Uttlesford on a Thursday evening SW High Street 4pm -11pm, Touchpoint Stansted Friday evenings 4pm-11pm and UCH on an evening to be decided - referral through tel. NHS111
* Night Owls – emotional support service, people must be registered prior to using the service <https://www.mindinwestessex.org.uk/services/west-essex-night-owls-support-line/>

**Priority 2: Enable people to live healthy, active lifestyles throughout their lives - Rachel Lewis**

* Active Uttlesford - Find You Active funding, funding groups does not appear to be the problem, empowering local organisations to feel they have got the support and capacity to complete a grant application
* Rebrand Active Uttlesford - Find Your Active Uttlesford
* Current projects include Mind in West Essex, SWCHS/Jackie Coles galvanising all primary school get their active travel network plans
* Continue to align activity with the H&WB Strategy
* Electronic Impact Tool to populate progress against projects and share report with H&WB Board

**Priority 3: Build healthy, resilient, active communities – Lois Bowser**



The Local Plan is looking to provide approximately 14,500 new dwellings based on a government formula, of which would be 40% affordable housing. The aim is to have the first draft by the end of the autumn, although time scale may be impacted by local elections with a possible change in administration.

Local authorities to push developers towards higher passive house model standards.

It was recognised that although the reduction of car use would be the ideal, in a rural district like Uttlesford it could cause more isolation and loneliness for those who rely on their vehicles, especially against the ever changing transport poverty faced by the district.

The inclusion of hubs with multiple use and access to multiple agencies placed in a number of areas to allow the population easier access to community facilities. The infrastructure development plan should address these types of concerns.

It was suggested to go back to the information gathered through the previous Community Stakeholder Forums around best practice models and how could they be thread through to the new draft local plan.

**Action: To share YouTube links to Local Plan Stakeholder events**

Some of the forum conversations can be found vis the following link

<https://www.youtube.com/channel/UCDYlgTS2t-ro9zctui-BoiA>

Other related documents can be found here <https://www.uttlesford.gov.uk/CSF-Docs>

The Live Well Accreditation is not currently a requirement for developers to adhere to.

The Uttlesford Health & Wellbeing Board would like to be able to influence future planning to address the Live Well Accreditation, it was suggested a conversation with the Head of Planning may be useful to take the proposal forward.

**Action: Lois Bowser to approach the Head of Planning – Dean Hermitage with the proposal of including the Live Well Accreditation within the draft local plan, and to report back at the next H&WB Board.**

<https://www.essexdesignguide.co.uk/supplementary-guidance/livewell-development-accreditation/>

Active Essex Play Pitch Strategy to link in with Uttlesford local planning team.

**Priority 4: Alleviate pressures associated with increased costs of living**



Presentation from Kate Robson.

Essex Children & Family Wellbeing Service (ECFWS) confirmed they too had received a number of funding streams, and were using a system to look at priority groups, then signposting those known to the service who may require some additional support.

CA and UCAN asked the share with them the criteria to access the additional funding streams.

Saffron Walden County High School had received some Essential Living Funds for those students on Pupil Premium.

A meeting with ECC to improve the application and turn-around rates to the Essential Living Fund.

**Action: Des Ashton to feedback to the H&WB Board on the progress on the meeting with ECC, and how it can linked with the priority updates**

The food share hosted by Touch Point had reached 1,300 people per week across the district.

ECFRS confirmed the uptake for Warm Hubs had not been a high as had ben hoped, but it will continue until the end of March 2023. On reflection it was felt the Warm Hug could have been started in the Autumn heading into the Winter months.

It was suggested to get some feedback from other groups providing similar support to establish a strategy that could be replicated across the district, also noted was the importance of the location for the Hub and the agencies working together in order to make the offer smarter.

Great Dunmow Community Fridge had been launched.

£3.5K Winter Warmth funding still available through UCAN, purchases made from the ECC fund had been hot water bottles, heaters, heated blankets, air fryers and microwaves for people in emergency situations.

ECC domiciliary providers in the district Manor Court and Violet Care.

**Priority 5: Improve access to services and facilities**

It remains a continuous challenge to enable encourage, support people in need access to services, recognising partnership working is still vital and has been tougher as the new normal after the covid crisis retracts.

Local insight into what local communities want, not having activity and action done to them without any coproduction, several project examples were already making an impact across the district.

* Newport Food Project
* Touch Point
* Meadow Café Hot Food Project
* Saffron Walden Mind Hub
* Digital Inclusion Project with Mind

Mobile Hub – open offer for partners to join, diary would be made available with dates of when and when it will be visiting across the district.

New hub in Jubilee Garden Saffron Walden, in partnership with Enterprise East and SWTC – Jubilee Hub to go live in May 2023. The Volunteer Centre to move to the Jubilee Hub, along with a programme of activities and the opportunity to hire the space in the evenings and weekends.

Ukrainian Hub at Stansted Airport to close at the end of March 2023.

The Chair asked that the activities of other partners be included in future updates to reflect their successes tackling access to services i.e.. DigiGo and Frontline.

<https://www.essexhighways.org/digigo> Cllr Neil Reeve to champion the DaRT service to encourage it to expand its travel routes across Uttlesford.

Citizen’s Advice is a referral partner for the Multiply Maths Programme.

**H&WB6 UTTLESFORD CULTURAL STRATEGY – Giles Tofield, Cultural Engine**

Uttlesford one of very few local authorities to commission a Cultural Strategy.

Presentation link - <https://www.dropbox.com/scl/fi/o8bkgl9kynee8njgjnm3m/Uttlesford-Cultural-Strategy-Presentation-Health-and-Wellbeing-6-February-2023.pptx?dl=0&rlkey=ih6uj7pilw4r92sseokeei7jy>

At the request of Cultural Engine, they were keen to continue engagement with the Health & Wellbeing Board – it was agreed to have an agenda item for futures H&WB Board meetings.

The offer was made to facilitate a workshop with members of the H&WB Board alongside other art, cultural and heritage partners, those interested to contact Giles directly.[giles@culturalengine.org.uk](mailto:giles@culturalengine.org.uk)

**Action: H&WB Board members interested in participating in a Cultural Strategy workshop to contact Giles Tofield**

**H&WB7 H & WB BUDGET**

£50K allocation for 2023/24 made up from ECC Public Health and carry over from previous years. Board members to decide how the funding is best utilised. The fund was not time limited and it available now.

Applications should reflect the priorities in the revised Health & Wellbeing Strategy,

**Action:Dave Toombs to devised the application and monitoring process in partnership with board members and bring it to the performance and monitoring sub group.**

**Meeting dates 2023**

* 24th May 2023,
* 27th September 2023

10am – 12noon Committee Room, UDC Offices, London Road, Saffron Walden CB11 4ER